



Town of Arlington, Massachusetts
730 Massachusetts Ave., Arlington, MA 02476
Phone: 781-316-3000

webmaster@town.arlington.ma.us

Council On Aging Minutes 09/18/2008

**TOWN OF ARLINGTON
COUNCIL ON AGING
27 Maple Street
Arlington, MA 02476-4909**

Harry McCabe, Chair

Karen Nichols, Vice-Chair

Shirley Chapski, Secretary

**Regular Meeting of the Council on Aging
September 18, 2008
MINUTES**

Place and Time of Meeting: #D udlq j wrq #V hq lru#F hq whu#/5 : #P dsch#Vw#D udlq j wrq #/: =3 3 #S 1p 1

Members Present=#Z koldp #F duh | #K duw | #P fFdeh /#Nduhgh#Q 1fkrw/#Dqgq#IwJ huds@#Mrdqgh#P ruho#drg#Vkludh | #Fkdsyvnl

Members Absent = #P kguhq#Kxug#dqg#0xf1dd#Sudwhv

Others Present = Mr kq#Mr sh/#F R D #H{hfxwlyh#G lhhfwru#D u#Exgqln/#I ulhgqv#r i#kh#F R D /#dgg#Nho#P dgu|#/vwxghqw#axuhv#Wkh#F R D 1

Quorum Identification/Call to Order=#Nduhq#Q lfkrw#uhvlgdg#dgg#V k luh | F k d s v n l # h s w # k h t p l q x w h v 1 D # x r u x p # r i t # h d v k u b v h a w l

Motion of the June 19, 2008 Regular Meeting - #Vludh| #ryhg#W#uhfhlyh#Wkh# lqxwhv#R i#Wkh#Mqgh#A /#533 ; #p hhwlqj/#Kduu| #hfrqghg1#Kduu| #ryhg#Wkdw#rlru#xsusrhv#R i#lvfxvrlq#Wkh# lqxwhv#R i#Wkh#Mqgh#A /#533 ; #p hhwlqj/#eh#dssuryhg/#Dqg#hfrqghg1#Wkh#racerz lqj#fruhfwrlq#dv#p dgh#=sdjh#H# /#I {hfxwlyh#O luhfwru#U#hsrwu#Mrlw#Erudg#Oxqfk/#Olgh#A >#Fkdqj h#D udqj wrq#F hqwhu#F hqwhu#W#D udqj wrq#W hqrlu#F hqwhu#S#Kduu| #ryhg#W#dssuryh#Wkh# lqxwhv/#dv#fruhfwrq>#Vludh| #hfrqghg1#dclq#idyrul#**Motion carried.**

Citizens Open Forum: Kelly Madry #!q#xuvh#d#Euljkdp #!Z rp hqÑ#Krvs lwd#dqg#d#P dwvhuv#ghjhuhh#wxghqw#dw#Uhjlv#Frähjh#lv#grlqj #khuf#dqf#d#duh#dw#kh#FR D#kqghu#kh#lhfwlrq#r#Sdw#Dz#h#dqg#Mrkq#Mrsh1#Vkh#lv#runlqj #rq#d#mrz q#dvvhvp hqw#ru#khu#fkrr#dsdhul#Kduu#|#htxhvhwg#d#rs |#ri#khu#dsdu#khq#vkh#lv#lq#khwg#lk#ku#surmhfw!

Art Budnik #/rqh# i#kh# g#uhfwruw# i#kh# q#hz o#irup hg# i#uhqgv# i#kh# F#R D#/vdg#jkh# z# l#k#h#lqwgxflqj#
wkhp v#oyhv#r#Dudqj wrq#q#Wrz q#G d# /#Vhsrw#531#Dw#srnh#q#kh#i#uhqgv#j urxs/#z kr#kh# duh#dgg# kdw#l#uhfwrlqv#
kh# |#duh#dn#lqj 1#Wkh1#p l#v#lrq#l#v#lrw#q#j#r#d#l#vh#i#xqgv#j#ru#kh#F#R D#/xw#r#vsuhdg#z#l#uhqhv#r#i#kh#F#R D#/dgg#l#w#hrdn#
lq#kh#frp p xq#l# 1#Wkh#Dw#lf#d#v#i#l#qfrusrudwlrq#cdy#hhq#l#lhg#z#l#k#kh#V#wdh#1#k#du# dvnhg#i#ru#l#frs# r#i#kh#l#E# |#
Odz v#dgg#l#k#du#d#l#uhsvhqw#d#lyh#r#i#kh#i#uhqgv#l#whqg#kh#F#R D#/hhwlqjv#l#Dw#khq#hsdu#hwg#kh#p# hhwlqj#1#

REPORT OF THE VICE-CHAIR=#Nduhg#hsrwhg#kdw#d, #P lqxwp dq#Vhqlrv#Vhylfv#kdv#vhqw#rxw#dq#hp d#l#r#q#d#ixqgudvlqj #kjh #duh#rqgx fwblqj >#e, #Fkuwlqh#Frqrqo#kdv#vhqw#kv#d#grwlfh#frqfhuqlj #P duwdk#Frdndh | #frqyhq lqj #d#vhulhv#i#frxu#uhj lrqd#hqhuj | #rxqg#dedv1#Wkh#qhfavhv#mr#kv#lv#Vddp #rq#frwehu#6#i#dq | rqh#fdq#dwhqg 1#
#G lyfxwv#cq#cq#krp b#khdwla#iru#kryvh#kr#htx#l#d#vlywdq#fh#r#o#z hq1

EXECUTIVE DIRECTOR'S REPORT

Wkhw#H{hfxwlyh#G lhhfwruv#hsrwfv#dwdfkhg#khuhwr#dqg#p dgh#dsduw#t#khvh#p lqxwhv1#Mrkq#p dgh#kh#irarz lqj # dgglwrdqd#frp p hqw=
Iwhp #5 ##Wkh#Fk lqhvh#dqjxjdjh#eurfkxuh#kdv#hhq#frp sdnvhg##dqg#z leh#dydldedn#dw#kh#P R D#rrwk#rq#p dvv1#Dyh1# rq#Wrz q#G d |#Wkh#eurfkxuhv#z leh#dydldedn#dw#kh#Ddqjwraq#krxvlqj#vLhv#rq#kh#dwhv#t#kh#iox#fdq#fvl1#Kduu# dvnhg#kdw#frs lhv#eh#vhqw#r#kh#erdug#p hp ehuw1
Uhp lqghg#kh#erdug#r#vlj q#xs#iru#kh#Ilgqlqg#xqfk#r#q#R fwrehu#5 #dw#kh#vhq lru#Fhqwhu#Dv#z ha#Mrkq#kdv#vhqw# lqy#ldwlrqy#r#wrz q#iifldav#Wkh#p hd#z leh#fdwhuhg#|#Erao z rrg#r#i#Oh {lqjwraq#Wkh#uhj x#dul#xqfk#vxssdhlg#|# P lqxwhp dq#z leh#dydldedn#duhng#p hqwlrhqg#kdw#khuh#v#d#Fk lqhvh#Hq lru#Fhqwhu#lq#Z dokdp 1#

MCOA Annual Conference

The Friends of the Arlington Council on Aging, Inc. Dajq# lk##kh##ldqj# ri##sdshuv##ru##qrgsuril##vdwvx/#d# : 83 # ildqj##hh##lv##htx##lhg#1Mrqk#dvnhg##kh##rdug# l##lw#z k##frqvlghu##d | lq##wk##lv##dp rxq##fir##kh##Friends##dv l##lv##d##q##lqyhvwp hqw##wkdw#z k##h##r##le##hqh##lv##kh##F R D 1K dw# | ht##x##vh##q##d##frs | #ri##kh##luhggv#E | Odz v1

Kdu| # ryhg#kdw#kh#erdug#dssuryh#kh#sd| p hqw#i# : 83 #lurp #kh#J liw#Ixgg#r#dvvlw#kh#Friends#j urxs># Mrdqgh#hfraqghg#dolq#idyrul**Motion carried.**

Arlington Town Day, Sep 20, 2008=##Wkh#FR D#errwk#rq#P dvv1#Dyh1#z lqfh#p dqqhg#e | #d#erdug#p hp ehu#/##wdii#dqg#yroxqwhhvul#

Flu Clinics =## dq lfv#duh#fvkhgxqhg#iru#vhdfwhg#g dwhv#lq#R fwrehu#Q ryhp ehu#dqg#G hfhp ehu#dqg#z lq#h#khq#dwh#kh# Vhq lruf#F qhwu#dqg#dwh#hqqlru#krxvlqj #vlvh#iru#ex lg lqj #hvlgqhw1##Vhyhuddlerdug#p hp ehuw#yroxqwhuhg#wr#khas#z lk# whk#fdq lfv#dqg#Mrkq#z lqg#sdv#khlu#qdp hv#cq#Wr#Fkulvlqh#Frqgr@ 1B**Arlington Food Pantry** =##Wkh#irrg#sdqwu|lv#lq# vhulrxv#qhhg#i#irrg#dqg#fdvk#grqdwlrvqv#k lv#| hdul#Wkh#FRD#lv#surylg lqj #d#edvnhw#iru#irrg#grqdwlrvqv#cq#Wrz q#G d| # dqg#Mrkq#z lqg#hdlyhu#whk#grqdwlrvqv#wr#kh#irrg#sdqwu| 1##D qq#vxj j hvvhg#kdw#h#dvn#krvh#j hwlqj #iox#vkrw#lk lv#| hdul#wr#ulqj #dq#Whp #iru#kh#irrg#sdqwu| 1

Arlington Cable Station = ##R q##Xvhvgd | /V hswhp ehu#5 6 /#khuh#z l@#h d##krrwlqj ##i#dq##s lvrgh#r i#Golden Opportunities#z lk# lfkdh#lhwvd /V hfuhwd| #i#ghu#D iidlv# /dqg#K qghuvhfuhwd| /G ul#Uxwk#Sdarper#r#dv#kh#qy#hng# jxhvwl#Wkrvhw#z lk#kqj #r#e#h#d#u# #i#kh#dyh#wxgk lr#dxg lhqfh#duh#qy#hng#r#rp h#rw#kh#wxgl#d#w#6 = 78 #s 1p 1

OTHER REPORTS

COA Representative/Liaison to Minuteman Senior Services #K duu#hsruhg#kdwh#lgxwh dq#Hqjlr#Huylfh#/xqghu#d#j#udq#iurp #Kh#wdh#lv#brnlqj#iru#4#shrsdh#iru#kh#ghz q#fuhdwhg##P lgxwh dq#DF FHV#F r usv1#Wkhvh#duh#sdlg#srvlvrqv#4#3#r#i#k#l#k#duh#Fr p xq l#Oldlvrq2Surj udp #Dvvldqgw#dqg#lyh#dv#P hg lfd#Hvfruw1##Dydkedh#krxuv#udqj h#iurp #4#8#mr#6#hsu#hhn1#

COA Representative/Liaison to the ASA=##Qr#hsruwl

ASA Representative to COA=0r#hsrw1

Budget Committee =#Wkh#Fr p lwhh#g#g#qrw# hhw#k lvp rkw#exw#Mrk q#uhsruhg#wdw#z h#duh#c q#udfn1#Wkh#R D #cdv#vw#grw#hdg#dq # wklqj #lurp #D uOOh {#Wd {l#Wkh #kdyh#qrw#Vlj qhg#khh#ghz #frqwdfw#kdyh#qrw#hhq#xep lwlqj #kox/#exw#duh#vw#klsurylgqj #huylfhv1#G lfxxvvlrq#irarz hg#cq#krz #M#z k#s#al #rxw#z khq#dgg#l#Wkh | #wxep l#e kov#Mrk q#gh#(w#uhylhz hg#kh#Wdqvrsuwdwlrq#l#juvh=##Wkh#huyhqxh#dgg# {shqvh#wrwdo#l#ilvfd# hdu#mr#gdwh#duh# : 938 #qrw#frxqwlqj #dq #xevglhv, #dgg# 4 : 9 / 5 #hvhshf#lyho 1#z h#z k#e h#j hwlqj # 95 /; 83 #q#orfn# udqw#ixqglqj #k l v# hdu#dgg#M#z k#e h#srw#hg#rrq1#

Joint ASA/COA Committee =##Wkh##frp p lwhh#gl#grw#p hh#ryhu#Wkh#vxp p hu#exw#Mrkq#hsrwhg##kdw##kh#uhvxow#r i# wkh#xuyh | #luh##dp rvw##kurxjk#h#lqj#rj j hg#lq1#R qfh#kdw##kdw#e#hhq##rp sdiwhg##kh#idz #gdw#z lo#h#p dgh#dydkledh#r# wkh#frp p lwhh1#Kdu| #htxhvvhg#d##dp sdi#frs | r#i#kh#xuyh | 1#Mrkq#z lo#p dn#frs hv#dydkledh1#Kdu| #z lo#fkhfn#z lk# Dqq#P dfj rz dq#derxw#vhwlqj #d#gdw#ru#Wkh#g#h(w#Mrkq#Frp p lwhh#p hhwlqj 1

UNFINISHED BUSINESS

Annual Election of Officers =##Nduhq#shqhg#qrp lqdwlrvq#iru#iilfhuv#iru#kh# hdu#533 ; 0533 <#wr#vhuyh#kqwl#kh#qh#(w#dqgxxd#hdfwlrv#lq#P d| #533 <#Vklhu| #p ryhg#wr#qrp lqdwh#**Harry McCabe**#dv#Fkdlu#dqg#kh#djuhhg>#Nduhq#vhfrqghg1#Kduu| #p ryhg#wr#qrp lqdwh#**Karen Nichols**#dv#ylfh#Fkdlu#dqg#kh#djuhhg>#Mrdqgh#vhfrqghg1#Kduu| #p ryhg#wr#qrp lqdwh#**Shirey Chapski**#dv#Vhuhwdu| #dqg#vh#djuhhg>#Nduhq#vhfrqghg1#Nduhq#Fdv#dfrp p rq#edoor#iru#kh#qrp khhv#dqg#idyrul#**Motion carried.**

Proposed COA Board Training - Nduhq#dqg#Mrkq#hyhz hg#kh#qirup dwlrq#frqwdlqhg#q#kh#dv#Erdug#Wudlqlqj#vhvvlrqv#frqgxwfhwg#Vxp p hu#5338#dqg#gwhup lqhg#kh#dw#kh#gdw#qhhgv#r#e#h#xsgdwhg#D ihu#gvfxvvlrq#/B#dv#djuhhg#kh#dw#Mrkq#z k#run#rcq#kh#xsgdwhv#ryhu#kh#qh#(wh#hz #p rqrkvw#Wkh#wudlqj#hvvvlqv#lqe#h#kh#q#lq#533<#hr#eh#frqgxwfhwg#ryhu#d#irxu#hhn#shulrg#u#qh#z r0krxu#hvvvlq#shu#hhn1#Wkh#hz q#fuhdwhg Friends#juxs#lqe#h#lqv#kh#r#s#dwfls#dwh#dy#hoq

Planning a Joint ASA/COA Fall Meeting

Status of New COA Van

NEW BUSINESS

NEW BUSINESS

Thoughts to Share" Passout - Mr. kqg#vdg#z kdw#kh#hhv#hrqj k w#z lo#fdxvh#k l# wr#dhp lqdwh#frxsdu#i#rlqvw#frqwdlqhg#q#kh#grfxp hqw#gdwg#xqh#33; #ehfdxvh##kh#erdug#lv#krqj q#wr#kh#lvxhv#dqg#dnljq#ghflvrlqv1##kh#z rxqj#vxj j hhw#dnljq #d#rvwlrq#q#k#lqj v#kdsshqj q#q#kh#Wrz q#kwd#dihf#ewkhuv#dqg#qfrxudjh#kh#erdug#mr#j#r#eh | rgg#kh#bhjx d#erdug#hhwlgj #dqg#vshdn#r#rxu#vhdfwp hq#u#h#p ruh#lvlech1##kh#lor#dvhg#kh#erdug#wr#frqvlghu#hup #dp lwl#kdu#vdg#h#cdy#h#g lfxvvhg#k l#p dq #dp hv#dqg#vhvvvhg#kdw#krz #rqj #dp hp ehu#vhuyhv#v#ghf#lqhg#e#kh#hdfwp hq#dqg#z h#fdqqrw#dnh#kdw#ghflvrlq#Mrkq#frqlqxhg#/v# lqj#kh#erdug#ghhg#v#h#p ruh#surdfwlyh#dqg#ihha#h#frxqj#gr#l#r#p ruh#l#z h#kdg#vrp h#nlqg#i#lq#dqqxd#s#dqj#1 G lfxvvrlq#iror#z hg#dqg#k#du# vxj j hhwg#kdw#kh#Wha0dvvhvp hqw#xuyh | Mrkq#lwalexwhg#k#l#hyhqlj#eh#d#vdwlgj#rlqw#v#hvwlgj#j#rdor#dqg#Mrkq#dqggh#kdw#kh#rp s#dhwhg#vxuyh| v#z rxqj#h#d#hs#wr#k l#q#hvlj q#lqj#kh#erdug#cuhgwldrlq#s#dfndj#hv1

FY2010 COA Budget Recommendations

Lq#lqq lmrq#wr#kh#fxuhqw#ixoowp h#vrflld#z runhu#srvlmrq/#lqq#d#cdiowp h#vrflld#z runhu#z kr#frxoj#dovr#fryhu#kh#Lqwdnh#) #Uhhuud#srvlmrq#dv#qhhgq1#BWkh#Lqwdnh#) #Uhhuud#srvlmrq#qhhgq#d#sulydw#r iilfh#wr#p hhw#z lk#fdhqw#lq#ughu#wr#p dlqwdlq#frqilghqwidaw|1 Uhwvruh#J huldwlf#Q xuvh#Vshflddw#r#ixoowp h#wdwvxl Uhwvruh#Wudqvsruwdwlqrq#rrug lqdwr2Vxshuy lrv#r#Y roxqwhhuv#wr#ixoowp h#wdwvxl Z khq#kh#Wudqvsruwdwlqrq#IqvhusuVh#Surjup #ixqv#dw#dq#dqqxdg hilf w#kh#Wrz qN#J hqhud#Exqg#vkrxoj#vxevlgl}h#kh#surjup 1 Kdyh#dffhvv#wr#d#j udqw# ulhu2hvhdufkhu1 G lvfxvvlrq#hqvxhg#lqq#mw#dv#dj uhng#kcdw#Fkulvlqh#Frqqrq#e#h#dvnhg#wr#dwihqg#d#F R D#p hhwlqj #wr#g lfxvv#rxu#uhfrp p hqgdwlqrq1#Kdu| #dvnhg#mkdw#Mrkq#suhsduh#iru#kh#erdugN#qirup dwlrq#r#qo /#d#exgj hw#iru#I\43#hhdhfwlqj#kh#gradduv#dqg#fhqw#dqg#rxuv#qfo glqj #fxuhqw#wdiilqj #dqg#usrsrvhg#kdqj hv1# Fkdqjh#i#G dwb#iru#kh#h {w#Uhj xadu#P hhwlqj ==#Bhfdxvh#kh#FR D#d#F rqluhqfh#z koh#chq#r#q#R fwrehu#49#/flw#dv#dj uhng#wr#krq#kh#qh {w#Uhj xadu#P hhwlqj #q#Wkxuvgd | /R fwrehu#56 /#dw#: #s 1p 1# Nduhq#dvnhg#Mrkq#i#kh#kdg#ehhq#z ulwhq#xs#q#kh#Dgyrfdwh#dv#suhvlghqwh#i#kh#P FR D#Wkh#dqvz hu#hhwlqj #qr#N duhq#dqg#Dqg#d#j uhng#wr#sxw#vvp hwk lqj #wr j hwkhu#d#kh#P FR D#frqihuhqfh#iru#sxe dfdwlrq#lq#kh#Dgyrfdwh1# Erdug#Vhd0Dvvhvvp hqw#Vxuyh | =##Wkh#Vxuyh | #z dv#g lwxvhg#iru#kh#p hp ehuh#wr#frp sdwh#dqg#uhwxuq#dw#kh#qh {w#erdeg#p hhwlqj 1

Action Items =## Wkh#Lqgldq#Oxqfk /- Golden Opportunities#Vkrwlqj#Vhs#56 ># Erdug#Dvvhvvp hqw#Vxuyh | ># Vhwldqj #d#gdwh#iru#dq#DVD 2FR D#p hhwlqj ># Z ulhu#kh#duwfch#iru#kh#ghz vsdshu# Suhsduh#d#Frxqf1#F rqlighqwid#Exgj hw#iru#I\43 1

Wkhuh#hhwlqj #qr#ixuwku#exvlqhvv#wr#frp h#ehiruh#kh#p hhwlqj /#Vklxh | #p ryhg#wr#dgmxuq>#Mrdqgh#hfrqghg>#d#lq#idyrul#**Motion carried** 1##Dgmxuqhg#dw#k=53 #s 1p 1

Vklxh | #Fkdsvn1#Vhfuhwdul

Next Regular Meeting October 23, 2008 at 7:00 p.m.